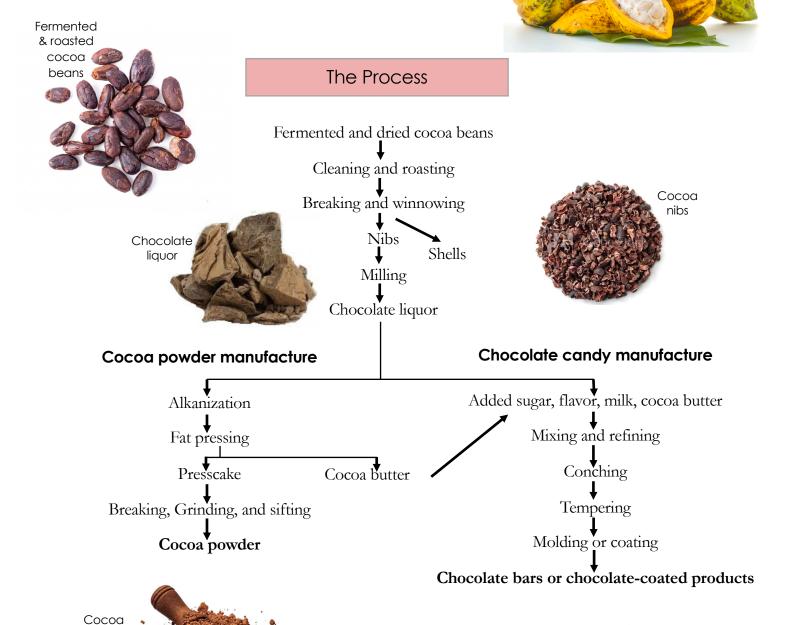


How Cocoa Beans Become

Chocolate



• No sugar

powder

- Low in fat
- Contains phytonutrients that lower blood pressure, lower bad cholesterol, and boost our good cholesterol



- High in sugar and fat (addictive)
- Many chocolate bars contain milk.